

swimming

Swimming Times at Branxton Pool

Stroke: Freestyle

Stroke. Treestyle				
Date	Distance (circle)	My time		
6/10/2020	17m 25m 33m 66m 99m <u>m</u>			
23/10/2020	17m 25m 33m 66m 99m <u>m</u>			
6/11/2020	17m 25m 33m 66m 99m <u>m</u>			
13/11/2020	17m 25m 33m 66m 99m <u>m</u>			
20/11/2020	17m 25m 33m 66m 99m <u>m</u>			
27/11/2020	17m 25m 33m 66m 99m <u>m</u>			
4/12/2020	17m 25m 33m 66m 99m <u>m</u>			
11/12/2020	17m 25m 33m 66m 99mm			
18/12/2020	17m 25m 33m 66m 99m <u>m</u>			
29/01/2021	17m 25m 33m 66m 99m <u>m</u>			
5/02/2021	17m 25m 33m 66m 99mm			
12/02/2021	17m 25m 33m 66m 99mm			
19/02/2021	17m 25m 33m 66m 99mm			
26/02/2021	17m 25m 33m 66m 99mm			
5/03/2021	17m 25m 33m 66m 99mm			
CHAMPS	17m 25m 33m 66m 99m m			

Stroke: Breaststroke

Date	Distance (circle)	My time
6/10/2020	17m 25m 33m 66m 99m <u>m</u>	
23/10/2020	17m 25m 33m 66m 99m <u>m</u>	
6/11/2020	17m 25m 33m 66m 99m <u>m</u>	
13/11/2020	17m 25m 33m 66m 99m <u>m</u>	
20/11/2020	17m 25m 33m 66m 99m <u>m</u>	
27/11/2020	17m 25m 33m 66m 99m <u>m</u>	
4/12/2020	17m 25m 33m 66m 99m <u>m</u>	
11/12/2020	17m 25m 33m 66m 99m <u>m</u>	
18/12/2020	17m 25m 33m 66m 99m <u>m</u>	
29/01/2021	17m 25m 33m 66m 99m <u>m</u>	
5/02/2021	17m 25m 33m 66m 99m <u>m</u>	
12/02/2021	17m 25m 33m 66m 99m <u>m</u>	
19/02/2021	17m 25m 33m 66m 99m <u>m</u>	
26/02/2021	17m 25m 33m 66m 99m <u>m</u>	
5/03/2021	17m 25m 33m 66m 99mm	
CHAMPS	17m 25m 33m 66m 99m <u>m</u>	

Stroke: Backstroke

Stroke: Backs	Stroke: Backstroke				
Date	Distance (circle)	My time			
6/10/2020	17m 25m 33m 66m 99m <u>m</u>				
23/10/2020	17m 25m 33m 66m 99mm				
6/11/2020	17m 25m 33m 66m 99mm				
13/11/2020	17m 25m 33m 66m 99mm				
20/11/2020	17m 25m 33m 66m 99mm				
27/11/2020	17m 25m 33m 66m 99m <u>m</u>				
4/12/2020	17m 25m 33m 66m 99mm				
11/12/2020	17m 25m 33m 66m 99mm				
18/12/2020	17m 25m 33m 66m 99mm				
29/01/2021	17m 25m 33m 66m 99mm				
5/02/2021	17m 25m 33m 66m 99mm				
12/02/2021	17m 25m 33m 66m 99mm				
19/02/2021	17m 25m 33m 66m 99mm				
26/02/2021	17m 25m 33m 66m 99mm				
5/03/2021	17m 25m 33m 66m 99mm				
CHAMPS	17m 25m 33m 66m 99mm				

Stroke: Butterfly

Stroke: Butte		
Date	Distance (circle)	My time
6/10/2020	17m 25m 33m 66m 99m <u>m</u>	
23/10/2020	17m 25m 33m 66m 99m <u>m</u>	
6/11/2020	17m 25m 33m 66m 99mm	
13/11/2020	17m 25m 33m 66m 99m <u>m</u>	
20/11/2020	17m 25m 33m 66m 99mm	
27/11/2020	17m 25m 33m 66m 99m <u>m</u>	
4/12/2020	17m 25m 33m 66m 99mm	
11/12/2020	17m 25m 33m 66m 99mm	
18/12/2020	17m 25m 33m 66m 99mm	
29/01/2021	17m 25m 33m 66m 99mm	
5/02/2021	17m 25m 33m 66m 99m <u>m</u>	
12/02/2021	17m 25m 33m 66m 99mm	
19/02/2021	17m 25m 33m 66m 99m <u>m</u>	
26/02/2021	17m 25m 33m 66m 99mm	
5/03/2021	17m 25m 33m 66m 99mm	
CHAMPS	17m 25m 33m 66m 99m <u>m</u>	

Stroke: Individual Medley

Date	Distance (circle)	My time
6/10/2020	17m 25m 33m 66m 99m <u>m</u>	
23/10/2020	17m 25m 33m 66m 99m <u>m</u>	
6/11/2020	17m 25m 33m 66m 99m <u>m</u>	
13/11/2020	17m 25m 33m 66m 99m <u>m</u>	
20/11/2020	17m 25m 33m 66m 99m <u>m</u>	
27/11/2020	17m 25m 33m 66m 99m <u>m</u>	
4/12/2020	17m 25m 33m 66m 99mm	
11/12/2020	17m 25m 33m 66m 99mm	

Stroke: Individual Medley (continued)

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Date	Distance (circle)	My time
18/12/2020	17m 25m 33m 66m 99mm	
29/01/2021	17m 25m 33m 66m 99mm	
5/02/2021	17m 25m 33m 66m 99m <u>m</u>	
12/02/2021	17m 25m 33m 66m 99mm	
19/02/2021	17m 25m 33m 66m 99m <u>m</u>	
26/02/2021	17m 25m 33m 66m 99mm	
5/03/2021	17m 25m 33m 66m 99mm	
CHAMPS	17m 25m 33m 66m 99m <u>m</u>	

Stroke	Venue	at other venues Date	Distance	Time	Place
Freestyle	1 21.00		3.555.166		1.555
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Breaststroke					
Dieaststioke					
		+			
Backstroke					
Backstroke					
D (I					
Butterfly					
Individual					
Medley					

Welcome to swimming! Here's how to get involved in Club and Area competition...

 Club Night - Your first introduction to competition may be club night races at your registered swim club. Your club may conduct time trial races each week of various stroke and distance with the aim being to improve on your personal best time.

Clubs often finish the season with club championship races where competitors are split into age groups to race head-to-head for points. Talk to a committee member for information about the activities offered by your club.

2. Weekend Meets - On most weekends throughout the year, meets (swimming carnivals) are held at pools all over NSW. These meets are hosted by local swim clubs and area associations to provide stepping stones for athletes to qualify for higher levels and raise money for the club or Area. There are two main types of meets held by local clubs.

Development Events/Meets

These events are entry level for developing swimmers without official times and for new competitors. These meets may have "Break Times" listed on their programs, which are times that the competitor cannot be faster than. This effectively eliminates the fast and seasoned competitors. These events are a great starting point for all new club members and recreational competitors.

II. Qualifying Events/Meets

These events are for athletes looking for a little bit more of a challenge and potentially to push forward into higher levels of competition. These events may have "Qualifying Times" listed on their programs, which are times that the competitor must be faster than to enter. Times can be achieved at various events. Ask your club if their times are official or not. These events are standard and all members can compete provided they meet the applicable qualifying times.

Combination Meets

Combination meets will be a meet that has Development and Qualifying races at the same event. Clubs often choose to host these to encompass everyone.

4. Area Championships

Each Area association may host an Area Championship event in both short course (25m/winter) and long course (50m/summer) format. This is the premier event for each Area, each season.

Beyond Area championships, Swimming NSW and Swimming Australia offer higher levels of competition such as Country Regionals, NSW Country Championships, Metropolitan Championships, NSW State Championships and Australian Age/Club Championships.

For information on all these types of competitions, talk to your swim teacher, coach, club committee, or visit www.nsw.swimming.org.au and www.swimming.org.au